



MEDIA ADVISORY

Thursday, October 25, 2012

Seattle school honored for feeding more kids a healthy breakfast

FOR MORE INFORMATION:

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WHAT: Fuel Up First with Breakfast Challenge Award Winner Announcement

WHEN: Friday, Oct. 26

9:30 a.m. – parents and schoolchildren have breakfast with Superintendent Randy Dorn

10 a.m. – Dorn honors Dearborn Park for school breakfast achievements

WHERE: Cafeteria of Dearborn Park Elementary School, 2820 S. Orcas St., Seattle, 98108 ([map](#))

WHO: State Superintendent of Public Instruction Randy Dorn,
schoolchildren of Dearborn Park Elementary School,
Washington State Dairy Council and the Children's Alliance.

SEATTLE – State Superintendent of Public Instruction Randy Dorn visits Dearborn Park Elementary on Friday morning to honor its staff with a Super School award.

The award comes as part of the Fuel Up First with Breakfast Challenge, which has inspired school leaders across the state to serve healthy breakfasts to more students.

“A nutritious breakfast calms rumbling stomachs and focuses young minds,” Dorn says. “The Fuel Up First with Breakfast Challenge helps make sure kids are ready to learn when the school day begins.”

Dearborn Park Elementary School Principal Angela Sheffey Bogan and students will accept their Super School Award during the event, and Dorn will announce additional winners of the statewide contest.

Last year, Superintendent Dorn joined with childhood hunger advocates and educators from across the state to launch the Fuel Up First with Breakfast Challenge, which aims to increase participation in school breakfast programs by 50 percent over two years.

One year into the challenge, more than 12,000 additional students statewide are starting their school day with a healthy, nutritious breakfast.

A typical school breakfast includes a fruit cup, granola, milk and yogurt. Nearly half of the state's students qualify for free breakfast at any public school, yet very few actually get it. Students who eat breakfast score higher on standardized tests and get better grades. They are more likely to be a healthy weight and have healthier levels of nutrients like calcium in their diets.

Dearborn Park Elementary has increased school breakfast participation by 50 percent over the past year alone. Its students have improved their scores on 6 out of 8 standardized tests in reading, writing, math and science over the past two years.

More information on the Fuel Up First with Breakfast Challenge is at www.fuelupfirstwithbreakfast.org.

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